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"NEW BEGINNINGS IN A CHANGING WORLD"

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Light Path Resources - A World Wide Free Church & Ministry

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As the changes in our nation and around the world continue, we have an opportunity to redefine many elements in our lives. During the recent past, the concept of the fully functioning individual was evidenced by a packed appointment book and experienced as no free time. Today, many of us have an opportunity to look for a deeper meaning to our lives. In our current economic climate we are called upon to be more resourceful, perhaps creating room for new values.

On every level, consciousness is expanding and re-defining the nature of our lives. As our awareness expands through economic changes, we may have more free time than ever before. Using this time to question what it means to be fully functioning may lead to a new perspective. It may even mean that we wish to experience MORE freedom.

We may experience a whole new view of ourselves through the movement in the world toward new ways to express freedom. Becoming free often requires a period that intensifies our feelings and emotions. We may find that we are grappling with issues that are deeply personal and that affect our lives on every level.

Those who live from their own truth are often seen as free. Living from truth does not mean that we are not responsible. Rather, it means that we are willing to make every effort to fill

our days with understanding and meaningful experiences. It is experienced as an ability to be flexible, even though we may feel a powerful desire to have things remain the same.

We have been exposed to so much information spelling out who and what is dynamic, that many of us have accepted it as our own. As we redefine our lives for the future, we may find that we are maturing in our definition of the 'full life.'

We may experience ourselves through a new awareness as we have an opportunity to realize each day as a new day. Some of these days may be expressed as a less-than-full calendar. Making use of these precious moments can open the door to a greater consideration of the choices we have made and those we may wish to make. We may find that we are discovering new ways to bring money into the household and perhaps, new ways to be free.

As those around the world choose to live from their hearts, so ,too, can we begin to live from our hearts. Many are demanding freedom and getting it. While they are also undergoing painful times in experiencing this process, we may see a valuable lesson in their persistence. As they forge ahead into new frontiers, they are learning new ways to live their lives.

These events are the foreshadowing of things to come and a restructuring of goals and ideas for so many. Consciousness is increasing by leaps and bounds. As we see their struggle for truth and change, we have an opportunity to reexamine our own lives and draw some parallels.

As we contemplate our own experiences, we may find change seems to have been pressed upon us by things we find hard to understand. The process may take us into ourselves as, we too, along with the world, look for a new direction. Self-esteem and self-worth may tumble as we no longer resemble the busy individual of the past. It is at this point that we may find ourselves drawn to new ideas.

For many, this is frightening because it means change, yet, as we draw on our inner strengths we may discover a previously unknown level of courage. As we make these connections, intuition and creativity may surprise us by its availability. With

these tools, we can move dramatically forward, bringing about exciting new changes out of our most difficult moments.

When life is no longer familiar, we may become inventive and creative. Many times, the resourceful person is one who seems to discover new ways of doing things. New ways of understanding seem to lead to a release of the familiar and mysteriously seem to move us to the next level.

As we look carefully at what it is to be daring, we may find the clue to this leap in consciousness. It requires acting on creative ideas and carefully listening for intuitive guidance. It involves listening to one's inner urges and recognizing them as messages from our hearts. As those in other countries listen to their hearts and demand freedom, they turn adversity into a new awareness. So too, can we participate in positive self-expression. We can begin to fill our journal with new ways of experiencing our lives and redefining dynamic living.

We may come recognize that we are more in concert with the changes around the world as individuals than we ever dreamed. As we meet our most difficult challenges with a new perspective, we may begin re-discovering aspects of ourselves.

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