# **World Peace Exercises**

(source: Light Path Resources, light-path-resources.org)

Using God light, the following exercise/meditation is designed to change the mass consciousness of the Earth to a more positive form for the New Millenium. The colors and applications are gleaned from researching many private reading notes to extract the essentials for this application, with the color selection and order given providing the best results. Other color options are also given, to provide an "education" of what color and light possibilities there are, as well as providing a boost to these other Earth-plane areas needing improvement. Those that can currently, or eventually, observe these God lights will see a brilliance, dazzle and intensity that cannot be described. (Some artists, for example, that try to emulate such colors often wind up somewhat frustrated by our physically limited visual spectrum.)

Those that use this exercise/meditation should be as free of negative beliefs as humanly possible, since you are not only using/sending God's light, but God's light... with your own vibrations included. Although it may be beneficial to achieve a true meditative state, the "depth" of your meditative state is of little importance. Therefore, as an "exercise," you can visualize the energy application activity, with <u>intent</u>, <u>purpose</u> and <u>emotion</u>. And, if at all possible, *let that emotion be one of love*. With sufficient practice, you may see this happening through your third eye, or sense the occurrence through other means. Although very much behind the scenes, this is a tremendous work, with far-reaching consequences for Earth's entry into a higher vibration.

It may not be feasible for you to go through the whole spectrum, but to work with the lights and applications that you feel comfortable to work with in a given sitting. Also, group applications, where one individual "calls for" the group to work on a particular energy, or set of energies, can be <u>particularly</u> effective.

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If you have trouble being able to visualize on a global scale, use the picture provided to assist in encompassing the Earth in your exercise.

## **To All World Leaders:**

For the best results, send volumes of:



- 1) pink light for service vs. self-service;
- **2) palest gray** that they might serve in stewardship;
- <u>3) palest yellow</u> to peace and harmony, to serve versus self-service.
- **4)** Follow with **brilliant white light** to lift it to its highest vibration.

#### Other Options & Applications to use with World Leaders:

- Send volumes of **pink light**, followed by **palest green** to assist in healing anger and hostility. To all world leaders, highest white light that they may truly serve.
- Send **pink light**, along with **darkest, boldest green** that ego may cease its relentless demands and will not act as a smoke screen blocking inspiration.
- Send light of **glistening violet**, that they may connect with one another, followed by **brightest white light** that they function in the highest way possible.
- Send <u>darkest</u>, <u>boldest green</u> that all may share in this healing in every respect.
- Send as much healing **chartreuse** as possible, followed by as much **pink** and then **white** light as possible.
- Along with **green** for ego, **pink** for service and **amber** for animosity and hatred, send **diamond light** for aggression.

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# To Assist Earth into the Higher Vibrational Modes:

"May indifference and insensitivity from one to the other stop on Earth."

For best results:



- 1) Boldest green to ego and ego's relentless demands, which, at times, can be followed by **pink light** to assist in the spiritualization of the ego.
- **2)** Send volumes of <u>highest</u>, <u>brightest</u> <u>apricot</u>, to all in hatred, animosity and a one-side mind-set, that these conditions may STOP on Earth.

(Such a change is critical, since this condition is not in tune with Earth's rising vibrational attunement.)

- **3)** One or both of these applications can then sometimes be followed by <u>highest</u>, <u>whitest light</u> to lift this activity to its highest vibration <u>and</u> to assist in the maintenance of Earth's higher vibration;
- **4)** Send <u>Rainbow light</u> to balance all of Earth and remove as much negativity as possible, <u>or</u> send strongest <u>Divine white</u> <u>light</u> to all areas that can utilize it, <u>followed</u> by <u>rainbow light</u> to lift it to its highest, most negative-free and balanced vibration.

### Other Options and Applications to Assist Earth:

- For peace and harmony around the Earth, send a **palest yellow light**.
- That world peace may become more than just an ideal... toward harmonious living... send volumes of **highest**, **brightest white**, that these lights lift and assist Earth.
- Send **pink light** to conflicts on Earth, also to *assist* in the spiritualization of the ego.

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- Send a lighter shade of green, a **chartreuse**, to promote healing of animosity on Earth, followed by **highest**, **whitest light** to lift it to its highest vibration.
- Send <u>Crystal light</u> to neutralize disagreements, dense, negative energy and "locked-in" mindsets (such a problem on Earth) and to fortify the presence of peace on Earth.
- Send **Amber light** to balance the energies of Earth, for animosity and hatred.
- <u>Visualize waves of negativity being removed</u> from Earth. (Visualize that same negativity being converted into white light, before being released to the Universe.), then being followed with brightest **white light.**
- Send <u>translucent light</u> to world peace. May all of Earth find its way to such an attitude.

### **Miscellaneous Applications:**

To all those in pain, suffering and torture, send a compassionate yellow light.

<u>To all those in the illusion of illness</u>, send a <u>precious peach</u>, that they may know God's love as health & well being. May all illness, in every form, become neutralized as the unconditional love of God continues to pour onto Earth.

For improved fortunes for all, send golden light.

<u>To all those passing over</u>, send a <u>glorious lavender</u> so that they may fully open to the unconditional love of God.

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